



## PRESCRIPTION PARK LEVEL EXPLANATION

**LEVEL 1** - (Forest green) Couch to curb, paved surface, easy access, benches, parking, restrooms, short walk from car to destination, points of interest.

**LEVEL 2** - (Blue) Paved Surface, benches, restrooms, points of interest.

**LEVEL 3** - (Red) Unpaved trail, might have uneven surfaces, parking, slight incline and decline, easy access, limited access to restrooms, points of interest.

**LEVEL 4** - (Purple) Destination trail, steady incline and decline, no restrooms, additional gear required: water, protective clothing and proper shoes.

**LEVEL 5** - (Gray) Destination trail, steep incline and decline, no restrooms on trails, additional gear required: food, water, protective clothing and proper shoes.

## PRESCRIPTION PARK LOCATIONS

**LEVEL 1:** Dover City Park, City Beach & City Beach Loop

**LEVEL 2:** Travers Park, Sandpoint-Dover Community Trail, Dog Beach path, Sand Creek path & Long Bridge Pedestrian Bridge

**LEVEL 3:** Pend d'Oreille Bay Trail

**LEVEL 4:** Sherwood Forest & Gold Hill Trail #3

**LEVEL 5:** Mickinnick Trail #13 & Schweitzer Mountain Resort Trail System